

Strengthening Families Together



Strengthening Families Together

is a **free** 10-week course for family members who have a loved one living with a mental illness.

The course provides participants with the information, tools and support to help them cope with the challenges they face.

Strengthening Families Together will be offered in 2 locations

Abbotsford and **Chilliwack**

Beginning February/March 2012 from 7-9pm.

It is open to residents of:

Mission, Abbotsford, Chilliwack, Agassiz/Harrison and Hope.

Class size is limited and **registration** is required.

Contact Francesca at 1 877 717 5518 xtn 1 or francesca@bcss.org

This is a free public service of the Mental Health Family Support and Respite Service which is operated by the BC Schizophrenia Society with funding from Fraser Health



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