

**VILLAGE OF HARRISON HOT SPRINGS
MINUTES OF THE AGE-FRIENDLY COMMITTEE**

DATE: Monday, October 21, 2024
TIME: 3:00 p.m.
PLACE: Council Chambers, Village Office
495 Hot Springs Road, Harrison Hot Springs, BC

IN ATTENDANCE: Mayor Fred Talen
Audrey Johnstone
Lise Reimer
Karen Seraphim

Amanda Graham, Corporate Officer
Christy Ovens, Community Services Manager

ABSENT: Sonya Boizard
Alison Douglas
Laura Lanfranchi

1. CALL TO ORDER

Mayor Talen called the meeting to order at 3:00 pm.
Mayor Talen acknowledged the traditional territory of Sts'ailes.

2. INTRODUCTION OF LATE ITEMS

Moved by Audrey Johnstone
Seconded by Karen Seraphim

THAT "Update and Progress on Community Gardens" as Item for Discussion 5(f).

**CARRIED
UNANIMOUSLY**
AFC-2024-10-01

3. APPROVAL OF AGENDA

Moved by Audrey Johnstone
Seconded by Lise Reimer

THAT the agenda be approved as amended.

**CARRIED
UNANIMOUSLY**
AFC-2024-10-02

4. ADOPTION OF MINUTES

Moved by Karen Seraphim
Seconded by Lise Reimer

THAT the minutes of the August 15, 2024 Age-Friendly Committee Meeting be adopted.

**CARRIED
UNANIMOUSLY**
AFC-2024-10-03

*Village of Harrison Hot Springs
Minutes of the Age-Friendly Committee
October 21, 2024*

5. ITEMS FOR DISCUSSION

(a) Update from the September 9, 2024 Regular Council Meeting

The Corporate Officer advised that the Committee's recommendation regarding a permanent transit route to the Agassiz Community Recreation and Cultural Centre was unanimously approved by Council. District of Kent Council received a letter from the Village at their Council meeting last week requesting support and we are waiting for a response before sending the request onto the Fraser Valley Regional District.

(b) Report on Rocking Painting / Locating Contest

The Community Services Manager reported that over 30 people participated in the contest. The prize was well-received and people seemed excited to participate in this fun and positive activity.

(c) Chair Yoga

The Committee authorized using part of their budget for a pilot chair yoga program. Notices for the program have been put out. The program will run on Tuesday mornings from 9:00 to 10:00 a.m. with the first class taking place on October 29. There is a registration form and waiver forms. Individuals can still attend if they did not pre-register but will be required to complete the forms on site. 13 people have registered so far. Registration forms will also be available at the Community Open House on October 24. The Village has also purchased yoga blocks for participants to use.

(d) Community Open House

The Community Open House is coming up on October 24, 2024. The following groups will be in attendance: District of Kent recreation, Kent Harrison Joint Emergency Program Coordinator, the Village's FireSmart Representative, Agassiz Harrison Community Services, the Parks and Trails Master Plan Consultants and the Village Lands Master Plan Consultants. Food and refreshments will be provided. There will also be a giveaway opportunity for those who start a home emergency plan or sign up for a FireSmart home assessment. The pumpkins have been arranged and we will advertise that there are free pumpkins for the first 30 children. The Committee determined that no pumpkin carving contest will take place, however, there will be signage thanking the sponsors and encouraging people to send photos of their carved pumpkins into the Village for posting on social media.

(e) Committee Budget Update

\$2,000 of the Committee's \$5,000 budget was allocated to go towards the Chair Yoga pilot program. Currently, about \$600 of that has been spent. \$3,000 of the budget remains unallocated.

(f) Update and Progress on Community Gardens

The Community Services Manager reported that the Village is still waiting to find out the results of the Age-Friendly Grant 2024 Intake application. The application included

Village of Harrison Hot Springs
Minutes of the Age-Friendly Committee
October 21, 2024

costs for the Community Garden fence expansion and a decorative art project along the fence.

The Committee discussed recent challenges that the Community Gardens is facing including locating people who have the time to take on the administrative tasks of managing the not-for-profit. Funding with respect to repairing existing garden boxes and building new ones was also discussed. If the expansion of the fencing is not supported by the Community Gardens, the Village will reach out to the funder and determine whether the funds can be re-allocated to a different project.

6. ADJOURNMENT

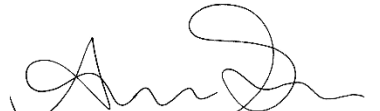
Moved by Karen Seraphim
Seconded by Lise Reimer

THAT the meeting be adjourned at 3:40 p.m.

CARRIED
UNANIMOUSLY
AFC-2024-10-04



Mayor Fred Talen, Chair
Age-Friendly Committee



Amanda Graham
Corporate Officer